YOU DO NOT DESERVE TO BE ABUSED.

If you are being abused:

Find a safe place. Stay with family, friends, or at a shelter. Use this directory to help you find any services you need.

Remember, you are not alone!

If you have an emergency:

Dial 911 Available 24 hours a day, 7 days a week.

If you are injured:

Go to a hospital emergency room or your doctor and tell them what happened to you.

POLICE

For Emergencies, Call 911

MEDICAL SERVICES

For Emergencies, Call 911

FAXTON-ST. LUKE'S HOSPITAL (315) 624-6000

St. Elizabeth Medical Center (315) 801-8100

Rome Memorial Hospital (315) 338-7000

ADVOCACY PROGRAMS

Safety for you and your children is your right. If you are confused and need to find help, call:

YWCA DOMESTIC VIOLENCE SEXUAL VIOLENCE SERVICES (315) 797-7740 (24-hour hotline) Website: www.ywcamv.org

ONEIDA COUNTY DEPT. OF SOCIAL SERVICES

Domestic Violence Liaison Utica: (315) 798-5933 Rome: (315) 338-0200

CHILD ABUSE AND NEGLECT 1-800-342-3720

Adult Protective Services (315) 798-5264

HOTLINES

Available 24 hours a day, 7 days a week

Local Hotlines

YWCA DOMESTIC VIOLENCE SEXUAL VIOLENCE SERVICES (315) 797-7740

Mobile Crisis Assessment Team (MCAT) (315) 732-6228

New York State Hotlines

Domestic Violence 1-800-942-6906

CHILD ABUSE 1-800-342-3720 1-800-638-5163 (TDD)

National Hotlines

DOMESTIC VIOLENCE 1-800-799-7233 1-800-787-3224 (TDD)

LEGAL ASSISTANCE

LEGAL AID SOCIETY OF MID-NEW YORK, INC. 268 Genesee Street, Utica, NY 13502 Helpline: 1-877-777-6152 (toll-free) Website: www.lasmny.org

Public Defender's Office (Civil Division) (315) 266-6100

Oneida County District Attorney's Office (315) 798-5766

ONEIDA COUNTY COUNSELING & SUPPORT

YWCA DOMESTIC VIOLENCE SEXUAL VIOLENCE SERVICES Emergency: (315) 797-7740 (24-hour hotline) Non-emergency: (315) 732-2159

MOBILE CRISIS ASSESSMENT

TEAM (MCAT) (315) 732-6228

MID-YORK 211 HELPLINE Dial 211

CATHOLIC CHARITIES (Utica/Rome) (315) 724-2158

COMMUNITY HEALTH AND BEHAVIORAL SERVICES (CHBS)

Adults (315) 735-9501 x6981 (Utica/Rome)

Children (315) 733-0678 (Utica) (315) 735-9501 x6981 (Rome)

CENTER FOR FAMILY LIFE AND RECOVERY (315) 733-1709

NEIGHBORHOOD CENTER

Adults (315) 272-2723 (Utica) (315) 272-2748 (Rome)

Children (315) 272-2700 (Utica) (315) 272-2730 (Rome)

Samaritan Counseling (315) 724-5173

Insight House (315) 724-5168

Addictions crisis center (315) 735-1645 x161 or 162

LEGAL SYSTEM

Criminal Court:

<u>CALL</u> YWCA Domestic Violence Sexual Violence Services immediately after contacting the police, at (315) 797-7740.

<u>FILE</u> a formal complaint with a police officer. Get a copy of the domestic incident report from the police.

 \underline{ASK} for help from a YWCA advocate if you are in city court.

SHOW UP in court when you are subpoenaed.

Family Court:

GO to Oneida County Family Court. A YWCA advocate can help you fill out your petition.

<u>FILE</u> a petition in Family Court with help from your YWCA advocate.

SHOW UP for all your court dates.





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ONEIDA COUNTY SERVICE DIRECTORY



Q: What should I do if I am hit or threatened?

A: In an emergency, call 911.

Q: How can I stay safe?

A: Safety first! If you decide to leave the abuser, call the YWCA at (315) 797-7740 for help making a plan to do so safely. You and your children may be able to go to a DV shelter. If you have pets, some shelters will also help you find a safe place for your pets to stay.

Whether you decide to stay or leave, you need a "safety plan." It could save your life! Call the DV program for help. Update your safety plan every time your situation changes.

Q: What is an order of protection?

A: It is a court order signed by a judge. The order prohibits the abuser from threatening, abusing, or acting violently towards you. It may also require the abuser to stay away from you, your children, your home, your pets and your job.

Q: What court do I go to?

A: There are 3 different courts where you can get an order of protection:

- criminal court
- family court
- supreme court (in a divorce case)

Filing for an order of protection is free.

Q: Do I have to be physically hurt?

A: No. If someone is threatening you or your children by words or actions, you can ask for an order of protection.

Q: Who can get orders of protection?

A: Both men and women have equal rights to get orders of protection. You may also ask for an order of protection for your children, if they are

under the age of 18. In family court, you can file on behalf of a relative by blood or marriage, if you believe he or she is in danger.

Q: How do I get a criminal court order of protection?

A: Call the police and file a criminal complaint with them. Tell the police you want an order of protection, and they will contact the District Attorney's office.

Q: How do I get a family court order of protection?

A: You can go to family court if:

- you are married to the abuser OR
- you have a child together OR
- you have a blood relationship with the abuser OR
- you have an intimate relationship with the abuser (this includes same-sex relationships)

The first step is to fill out a petition and file it with the family court clerk in your county. Call the YWCA at (315) 797-7740, or ask for help from the DV advocate at the courthouse.

Bring your ID. In your petition, write down what the abuser did. Be specific! If possible, include dates and times when the abuse happened. Write down what you want the judge to do to protect you and your children.

Q: What if I'm already in court for a divorce?

A: You can ask for an order of protection in supreme court, as part of your divorce case. Talk to your divorce lawyer.

Q: If I'm in danger, can I get an order of protection right away?

A: A judge can give you a temporary order of protection right away. To get one, you may need to go in front of the judge when you file your petition.

If family court is not in session, you can get a temporary order of protection from your local criminal court or town justice.

Q: What does an order of protection do?

A: An order of protection can order the abuser not to assault you or come near your home, job, children's school or daycare, pets, etc. It may order the abuser not to speak to you in person, by phone, mail, text, or e-mail. It may also order the abuser not to threaten you. If you live with your abuser, it can order him or her to leave the home. A family court or supreme court order may also give you temporary custody of your children. If you want permanent custody, you must file a custody petition with the court.

NOTE: The order does <u>not</u> give you ownership of your home, or any property you co-own with the abuser.

Q: How long does an order of protection last?

A: A criminal court order typically lasts 1 year, but can last up to 5 years (or even longer, in extreme cases). If you have a "temporary" order, it will expire on a certain date, unless you ask the court to extend it. A family court order typically lasts 1 to 2 years, but can last up to 5 years. You can ask the court to extend the order for a longer time, if you have good cause. If you don't want the order anymore, you must go back to court.

Q: What should I do with my order of protection?

A: Make copies. Keep a copy at home, at work, in your car, and with a trusted relative or friend. If the order covers your children, make sure their school and daycare have a copy. Include a picture of the abuser with each copy, if you can.

Q: Do I have to wait until I'm physically hurt to file for a violation?

A: No! If the abuser does <u>anything</u> forbidden in the order, it's a violation. Call the police. Then, you must decide whether to file a violation petition with family court, or go to criminal court to file a complaint, or both.

Q: What happens when the abuser is found in violation?

A: If the abuser violates a family court order, he or she could go to jail for up to 6 months or be fined. If the abuser violates a criminal court order, he or she could go to jail for up to 1 year. If this isn't the first time the abuser has violated a criminal court order (or if you were physically hurt, or your property was damaged) the abuser could even go to state prison. You can find out when the abuser is getting out of jail by calling VINE-NY at 1-888-846-3469. Visit www.Vinelink.com to sign up for alerts by phone, text, email and TTY.

Safety Tips

- Always carry a cell phone. Put 911 and the police on speed dial.
- Change your locks, and always keep your home and car doors locked.
- Change up your routine, and try not to go out alone (especially at night).
- Keep an emergency box with a trusted relative or friend. Include ID, copies of important documents, clothes, an extra set of keys, credit cards, money, etc.
- Give your co-workers, neighbors and friends a "code word" and a special signal (such as pulling down a certain window shade) that means "call the police."
- Get a security system and outdoor lights.
- Check out the "Stay Safe" app for your phone at: https://personalapp.staysafeapp.com/
- T 11 0 CCC 1
- Install smoke & CO2 detectors at home.
- Make a complete "safety plan" with your local DV program, and update it often.